

ITEM
Cloudberry glazed Duck Breast

PORTIONS:
10 portions

INGREDIENTS

10 duck breasts, bonelesss, scored

100 ml cloudberry vinegar

100 ml raspberry vinegar

15 ml molasses

125 ml orange juice, fresh

100 ml honey

2 cinnamon stick

5 ml cardamon

4 whole cloves

10 ml fresh crush black peppercorns

10 ml coarse salt

Garnish

3 medium sun choke, sliced on a mandolin and deep fried 500 grams steamed fiddle heads glazed with butter

10 portions Wild rice risotto (see recipe)

METHOD:

Duck Breast

Score the duck breast, season with the salt and pepper On a hot grill, mark the breast skin side down only. Make sure to mark X's, place on a parment lined baking sheet.

Glaze

In a sauce pan combine the vinegars, molasses, orange juice and spices, bring to a simmer. Reduce by half check for consistency and adjust for flavor. Let cool until room temperature. Using about 3/4 of the glaze brush on top of the duck breast.

Place duck breast in a preheated oven of 400*F and cook until rare, just before sevice top with remaining glaze.

Plate Service

Serve over risotto, garnish with suncoke chips and steamed fiddle heads